



OUTPATIENT SERVICES ARE AVAILABLE

March 23, 2020 – North Suffolk Mental Health Association continues to provide outpatient services to our local communities, but our delivery model is changing during this COVID-19 public health crisis. To limit exposure for both clients and staff, most clinical services are now being provided by telephone.

Beginning Monday, March 23:

- All counseling sessions will be done by telephone
- Medical evaluations will be done by telephone
- Some prescribing/refills for existing clients will be done by telephone
- Intakes will be done by telephone
- Clinic hours for Clozapine and injections will be changing; clients will be contacted individually

One clinic will be open from 9 a.m. to 5 p.m. per day on a rotating schedule as follows:

Monday: Chelsea Clinic, 301 Broadway
Tuesday: Freedom Trail Clinic, 25 Staniford St.
Wednesday: East Boston Clinic, 14 Porter St.
Thursday: Freedom Trail Clinic
Friday: Chelsea Clinic

These protocols are intended to keep everyone safe, reduce the risk of spreading the coronavirus while continuing to providing needed support and care.

We understand that many people are experiencing a lot of anxiety, stress and fear. Information is overwhelming and constantly changing. We urge clients/patients to stay where you are comfortable and feel the safest, and to call if you need to speak with a clinician.

Call our clinics:

Chelsea 617-889-3300 • East Boston 617-569-3189 • Freedom Trail 617-912-7800

The most current state information is available at [mass.gov/covid19](https://www.mass.gov/covid19) or by calling the state informational and referral hotline at 2-1-1.

If you need emergency medical attention, call 9-1-1.